



# CHRIST CODES

*Ascension Prophecies  
Revealed*

SON'YAH

# **VOLUME ONE**

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# CHRIST CODES

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ASCENSION PROPHECIES REVEALED

SON'YAH



*CHRIST CODES: Ascension Prophecies Revealed*

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## FOREWORD

I first met Son'Yah over 16 years ago while participating in a meditation group in West Los Angeles. Little did I know in that first meeting that this 'stranger' was my twin flame and that within a year, we would be living together just outside of Mt. Shasta in northernmost California.

The clarity of our relationship and many lifetimes together was revealed to us during a Lions' Gate Ceremony on Mt. Shasta. The doors opened for us to see beyond our BEingness and to understand the greater mythological story of our soul's mission, together and individually.

My overt involvement with spirit and consciousness began when I was age five. In a dream vision, I was with Jesus, whom I knew. He picked me up, and we went flying all over the world. We stopped several times above various groups who were praying to him. I remember his bittersweet smile and the words, "*they don't understand me.*"

This reunion sparked a deep *call to action* and a gentle reminder of my soul's calling. The experience catalyzed my life's ambition to *understand* the Christ,

facilitate awareness of the human condition, and to grow beyond our mass consciousness' perceived limitations. As a result, I teach Quantum Awareness, utilizing theatre as a foundation, to people of all ages to help them awaken to their unique mythology and limitless potential.

As a member of the Triad, described in the pages that follow, and Son'Yah's husband for the last 15 + years, I've had the unique opportunity to see the evolution of this paradigm-shifting work, as well as the privilege of working with the *Christ Codes* and Practices during their birthing and on-going maturation. In truth, there is no end to how much you can expand utilizing this Codex.

My relationship with the *Christ Codes* has been astonishing and empowering, beginning as a devoted and curious student whose previous path was through my inner hearing and relationships with the Masters. Although new to me, the *Christ Codes* encompassed these relationships through their specific and experiential combination of sacred geometry, symbols, visualization, language, and numbers.

The *Christ Codes* are now my constant and dear friends. The more we work together, the stronger the

reality of what they are and where they are leading me to become. Our relationship continues to evolve and redefine itself as my sensitivity and practice continually open doors to new insights and healing.

Son'Yah is a visionary, spiritual scientist, and healer. It is revelatory to see an Emissary of the Cosmos Christ at work. I have seen this gift to humanity come to life with her extraordinary tenacity, devotion, courage, and love.

Over the years, she has worked tirelessly to bring forth this work. She has truly earned the trust of Sophia to be gifted with this unique treasure trove of knowledge and experiences, to be shared and experienced by all who resonate with it. Her work is a striking testimony to what's available when one learns how to listen, align, and allow Sophia's wisdom to *come through*.

You are about to embark on a journey that will take you to new vistas. Beautiful, wondrous, joyful quantum journeys that are ever-changing, ever-present. It is a picture book where the images cultivate refined and expanded experiences per your commitment and consistency. There is a palpable '*exacting creativity*' at play.

*Christ Codes* is not a book merely to be read. The Codes are to be experienced and finally lived with, each section in its timing, with patience, commitment, and dedication. The rewards are immeasurable.

As you lend your energy and commitment to living a fully intentional life full of joy and service, this book will greatly expand your awareness and connection with your Divinity. I suggest you allow yourself the freedom of exploration without judgment or comparison, with an open heart in childlike wonder and fascination.

*Christ Codes: Ascension Prophecies Revealed* invites you to figuratively and literally expand your horizons to embrace and remember who and what you truly are, and in so doing, assist in the great journey of Ascension for yourself, humanity, Mother Gaia, and the Cosmos.

This work is a *call to action* to actively participate in this great Ascension movement, perhaps more than you previously considered or thought possible.

If the contents of this book are lived with and practiced, your expansion and sense of purpose will change how you function and empower you with certainty and strength of who and what you are, with a joyous knowing of what's to come.

Enjoy this journey.  
Stay with it.  
Be patient.

Bennett Gale  
Weed, California  
February 18, 2024

## INTRODUCTION TO THE ASCENSION PROPHEESIES

On one level, the *Ascension Prophecies* contain the story of my ascension and how prophecy has guided and initiated me throughout my life. On another level, they contain modern-day Christ Prophecies about the Ascension of Mother Gaia with the Cosmos Christ, forming a new galaxy, and lastly, they are about your ascension.

Revealed through dreams and visions, the prophecies took the greater part of my life to realize and accept. They shape and form this body of work at every level of my mythological story, revealing my soul's walk through time.

The lifetimes recovered were an amalgamation of my soul's evolutionary journey. They appeared in dreams, visions, and triad work through a combination of visionary archetypes.

The recovered memories appeared in cycles of initiatory growth as I continually sought answers about myself and the mysteries of life. Before long, I started receiving prophetic dreams and visions about

upcoming crossroads in my life and cataclysmic events, not realizing they were prophetic, in some cases, until twenty years later.

During Solar Initiations in 2007, I began receiving cosmos revelations and understandings that allowed me to integrate many of the high-level visions and dreams experienced over the years.

In 2008, after thirty-five years of inner work, I started working in a Triad Meditation Group at a time known as the Lions' Gate. Before long, we collectively started receiving more information about the Ascension Prophecies, each receiving an aspect of the whole body of work while being initiated through the prophecies.

The Ascension Prophecies activated core wounds and deep trauma embedded in my psyche from this and other lifetimes. To that end, the next stage of *The Work* was the receipt of the *Christ Codes* to clear the path for my Ascension.<sup>1</sup> [This core work ultimately evolved into the [\*Christ Codes: Ascension Mastery Series.\*](#)]

Clearing my core wounds allowed me to integrate the Ascension Prophecies, leading to the writing of this book, my *Spiritual Ascension*, and forthcoming *Planetary Ascension*.

In truth, the *Christ Codes* represent my path to God Realization, escalating my Spiritual Ascension, which otherwise may have taken another lifetime to achieve.

What are the Christ Codes?

The Christ Codes are hieroglyphs (glyphs) in the form of the English alphabet that express an energetic signature as *Seed Sounds or Tones of Creation* transforming the English alphabet into light encoded glyphs and numeric DNA ciphers.

Through these tones, the quantum universe can be bent, shaped, and molded through a supercomputer Diamond Light Language using sound, light, and sacred geometry that speaks directly to your *spiritual and physical DNA*.

Every archetypal tone in the *Christ Codes* holds a seed of truth with the power to open revelatory powers and guidance in the consciousness of the hearer. This is accomplished through the Archetypal Light flowing from the Divine Will of Sophia through Her Holy Spirit.

Through meditation and the speaking of mantras and mantrams, the Initiate increases the mind's light through expansion of their *soul powers*.

The soul is an archetypal center that influences man's thoughts, emotions, and actions. Thus, your archetypal blueprint is received and activated when you move into soul awareness.

## How do the Christ Codes Work?

The Christ Codes transport you beyond the intellectual mind to open up internal doorways which allow you to expand beyond what your intellect can see.

The Codes naturally communicate to your heart through each Code and DNA numerical cipher by shaping the foundation for a new reality. The architecture within the Christ Codes corresponds to the sacred geometry that underlies and upholds all consciousness and form as grids of light.

The Christ Codes are designed to awaken the Christ Dragon within you. They transmit the double helix blueprint found in the Flower of Life pattern embedded within your spiritual and physical DNA.

Each Code creates from a pure essence or emanation providing:

- An energetic vocabulary to commune with Sophia God.
- The means to tune in to the energetics within your four bodies.
- A system to explore, connect, recover, and master your soul embodiments.
- A system to explore the Constants within nature and, thus, within your Divine Nature.
- The means to explore and discover the universe that lies within you.

# HOW TO READ THE ASCENSION PROPHECIES

## ASCENSION PROPHECIES

### (PARTS 1–7)

The Ascension Prophecies contain *Living Light* transmissions to awaken your soul memories from this and other lifetimes in the form of visions and dreams. Although some prophecies may appear self-evident from the outside, they contain deep archetypal knowledge and instruction.

For the most part, I share the prophecies without extrapolating their messages, allowing you to open your understanding when ready. Not interpreting the prophecies assures that your soul's cellular memory awakens in perfect timing to the needs of your soul.

Because your soul's cellular memory will be activated while reading the Ascension Prophecies, allow yourself to receive without forcing yourself to intellectually comprehend the transmissions, as they occur at a soul level.

Like the petals of a rose, each time you read the Prophecies, your soul petals will unfold and awaken more of your soul's Divine Genetic Blueprint.

I only ask that you read the Prophecies with an open mind and allow yourself to entertain the full potential of your soul's journey.

PAGES 21 – 23 ARE NOT INCLUDED IN THIS SAMPLE.

**PART I**  
**IN THE BEGINNING**  
**ASCENSION PROPHECIES P-1**



*In the Beginning was the Word, and the Word was with God, and the Word was God.*

John 1:1 KJV

1

## DIVINE MOTHER'S PROPHECY

### THE SOUL'S JOURNEY

**P**rophecy reveals, by divine inspiration, the will or message of God.<sup>1</sup>

*...Hear now my words:*

*If there be a prophet among you, I the Lord will make myself known unto him in a vision, and will speak unto him in a dream.*

Numbers 12:6 KJV

### The Soul's Journey

In my first Raja Yoga meditation in December of 1998, I expressed my sincere love for Divine Mother and asked to make Sacred Union. Over the next three days, I received the following prophetic visions of knowing within the Light:<sup>2</sup>

## Day 1: The Eternal Womb of Life

*To my amazement, I was given the vision of a gigantic body of stars within which laid the Great Cosmic Womb of Divine Mother Sophia. It was a vast Cosmos Egg of Life surrounded by a web of energy in which all forms were connected. Any and all movement of energy within the web vibrated throughout the giant web of life.*

*The black hole in the center was the Eternal Womb of Life. It was an endless cycle of birth, death, and resurrection, asking only that we return enlightened from our journey; Sophia's starry arms always ready to embrace us back into the Light.*

*I saw that each Being travels back to the center of the Great Cosmic Womb on its journey through eternal life, gathering enlightenment along the way.*

*The energy within the web formed a light sphere around the Being which is the knowledge the Being had accumulated on its journey home. Whatever light fibers were attached to it when its life ran out, were carried with it to the new life. However, the Being must reawaken its accumulated light within the new life.*

*When the Being finally returned to the Great Cosmic Womb, it had completed its journey home. It was now fully encased in the light fibers of its knowledge and was ready to be seeded within the Great Cosmos Egg as new life. A new cycle of creation was ready to begin.*

## Day 2: The Soul's Silver Cord

*All the life forms within the web of life were connected through the soul's silver cord (much like an umbilical cord) that kept them connected to Sophia's eternal womb of life. The energy that flowed through the soul's cord was the spirit connection to the heart of Sophia.*

*All life forms were connected to the heart-womb of Sophia in this way. All the soul cords created a huge web around Her heart-womb. These cords, extending from Sophia's center, made up the energy of the web in the Great Cosmos Egg of Life.*

*When we die, the soul's cord is released from our physical body and all the light we have accumulated in life wraps around and coils into the Soul's Diamond Medallion.*

*When we are born again, the soul's cord unwraps from the Soul's Diamond Medallion until we reach our place within the web of life to live out our next incarnation. As we awaken to the accumulated knowledge of our multidimensional selves, the web of light draws us back to Sophia Source.*

When I received this vision, my perception of time and space was limited to past, present, and future. Even though I had recalled, seen, and remembered multiple lifestreams, I could only perceive this expansive vision from the limitations of my consciousness.

I understood the concept that outside of the third dimension, no time exists. However, I was not prepared to understand the deeper mysteries contained within the totality of this beautiful vision.

Since then, I have seen that all my lifestreams are occurring all at once. Memories and feelings from these lifestreams continually bleed into my consciousness through dreams, déjà vu experiences, mirror scrying, and memories sparked by reading or watching something about a particular period.

As this occurred, I saw how many of my actions and decisions in this lifestream were affected by my experiences in these other nows, which I perceived as past or future lives. You see, our limited third-dimensional consciousness is enclosed within a three-dimensional space-time continuum to experience spirit in physical form.

We perceive things as linear until prepared to operate at a quantum level of perception and awareness to have a continuity of experience to remember, grow, and synthesize our multidimensional soul experiences without overwhelming ourselves.

## Day 3: The Multiverse

In mathematics, the study of fractals revealed that creation is infinitely contracting and expanding within an enclosed field of energy. This concept corresponds to my parting vision from Mother Sophia.

*When we fully awaken to the light and knowledge we have earned, we get to keep our light and are sent out in time to seed light for other Beings. These were the circles within the web that connected all the cords together. This is what makes up the giant web within the Great Cosmos Egg of Life.*

*As the vision concluded, I was shown the web of life as a spider with eight legs on a spider's web. Each leg of the spider contained four universes and four parallel universes. Thus, there were eight universes on each arm of the spider, totaling sixty-four (64) on the Great Cosmos Web of Life.*

Each universe has its own rules and games that it plays by, and yet each connects to the multiverse. It is a grand expanse of creativity within creation. The web of energy that holds the multiverse is beyond comprehension, yet the basic blueprint is there for all to see.

This is the journey that each soul embarks upon when birthed into the cosmos from the heart-womb of Divine Mother Sophia. Thus, we are continually awakening to expanded levels of consciousness, ever-evolving and ascending into the greater ascension rhythms within the multiverse.

## THE CLARION CALL

### THE GALACTIC COUNCIL OF LIGHT

**M**any millennia ago, the Galactic Council of Light sent forth a clarion call to action from Sophia Source to twelve star systems within the Andromeda and Milky Way Galaxies to participate in an experiment. Those who answered the call would act as Emissaries of Light to anchor in a new reality for a Golden Age.

The undertaking would require the merging of the Andromeda and Milky Way Galaxies. The merger would influence the raising of Mother Earth into a fifth-dimensional star through a birthing process that would raise the consciousness of the planet and the tribes of the Earth simultaneously.

As children of the Great Central Sun, the Emissaries' task is to awaken their consciousness and bring back to memory their Eternal Selves. Thus, they were seeded with Light Codes within the Soul's Language of Light to help awaken other Light Beings to remember their soul mission on Earth.

## SOUL AWAKENING

### THE MYTHOLOGICAL CORD

**O**n April 30, 1999, I received a prophetic dream that revealed the mythological cord running through my life, dreams, and soul mission leading me to the Archetypal Instruction of the Christ:

*I was lying in a small white quadrilateral boat with a pyramid point at its bow. The base of the boat was made of wood, while all the sides and top were made of glass.*

*I was securely contained within my little world with no obstruction of my view in either direction. When I looked out the rear window, I saw still-green water and very tall trees looming overhead from the banks of the shoreline.*

*Suddenly, one of the trees fell into the water which caused the boat to move into the river's current. As my transport slowly began to make its way down the river, I looked on with much sadness as I left the security of my world.*

*My little boat was now picking up speed. Although I wanted to hold on to the memory of my home place, I eagerly looked ahead now as my little boat bobbed up and down in*

*the water; the current moving it faster and faster down a river that was quickly growing in size.*

*I was frightened at the speed I was now traveling when I noticed a naked man lying face down to my left. He was asleep. In between us was a beautiful woman. I asked who she was. She responded in the most beautiful and loving voice:*

*“I am your Mother. I am greater than he that calls himself Yahweh.”*

*“You must be Divine Mother then,” I quickly responded.*

*“You are beginning to see the whole picture now,” she lovingly replied.*

*“I think so, but there are a few things I still don’t understand.”*

*The river we were traveling down had become huge in diameter. The water became rough and choppy as we quickly moved through the rapids. I then saw ahead of us an even larger river flowing out of the clouds from the heavens. It merged with the river we were traveling on, making a huge expanse of water.*

*At some point, my male companion awoke as we shot down the river, now with tremendous speed. After the two*

*rivers merged, the waters became quiet again. We continued our journey hugging the right bank of the river. Divine Mother said we would soon arrive at our destination and to keep a look out for our signpost.*

*I now saw men at the river's edge wearing Santa Claus outfits and holding signposts every 100 yards or so. When we came upon the signpost "Santa Barbara," we docked and climbed out of the boat. Mother said we had to walk into the jungle a little ways now.*

*We followed her down a dirt path amongst the forest vegetation until we came to a piece of land completely enclosed in all directions by a chain link fence. The vegetation was overgrown and full of brown, dried, dead leaves. Mother called this place the "Garden of Eden" and said that this was "my work."*

*Upon leaving, she announced there was a secret that would be revealed later. On the wake of leaving this enchanted dream, I was given a parting message:*

***"Love me as above you and you are my servant. Love me as you and I am your Creator, as you are the creator, and with that power you create your life."***

*~ Divine Mother Sophia*

When I arrived at my new spiritual community on February 13, 2000, I met my future husband, Tayna Kip Kaiser (the sleeping man in the boat), and started receiving archetypal instruction.

The greater significance of the dream revealed that I would soon be leaving my protected place of healing, rejoining the river of life. The journey entailed merging with a river of consciousness from heaven that would bring me to the Garden of Eden, revealing my life's work.

The river I was traveling down with Divine Mother, which merged with an even greater river from heaven, disclosed my destiny to bring the archetypal knowledge of Sophia Christ Consciousness to more of humanity.