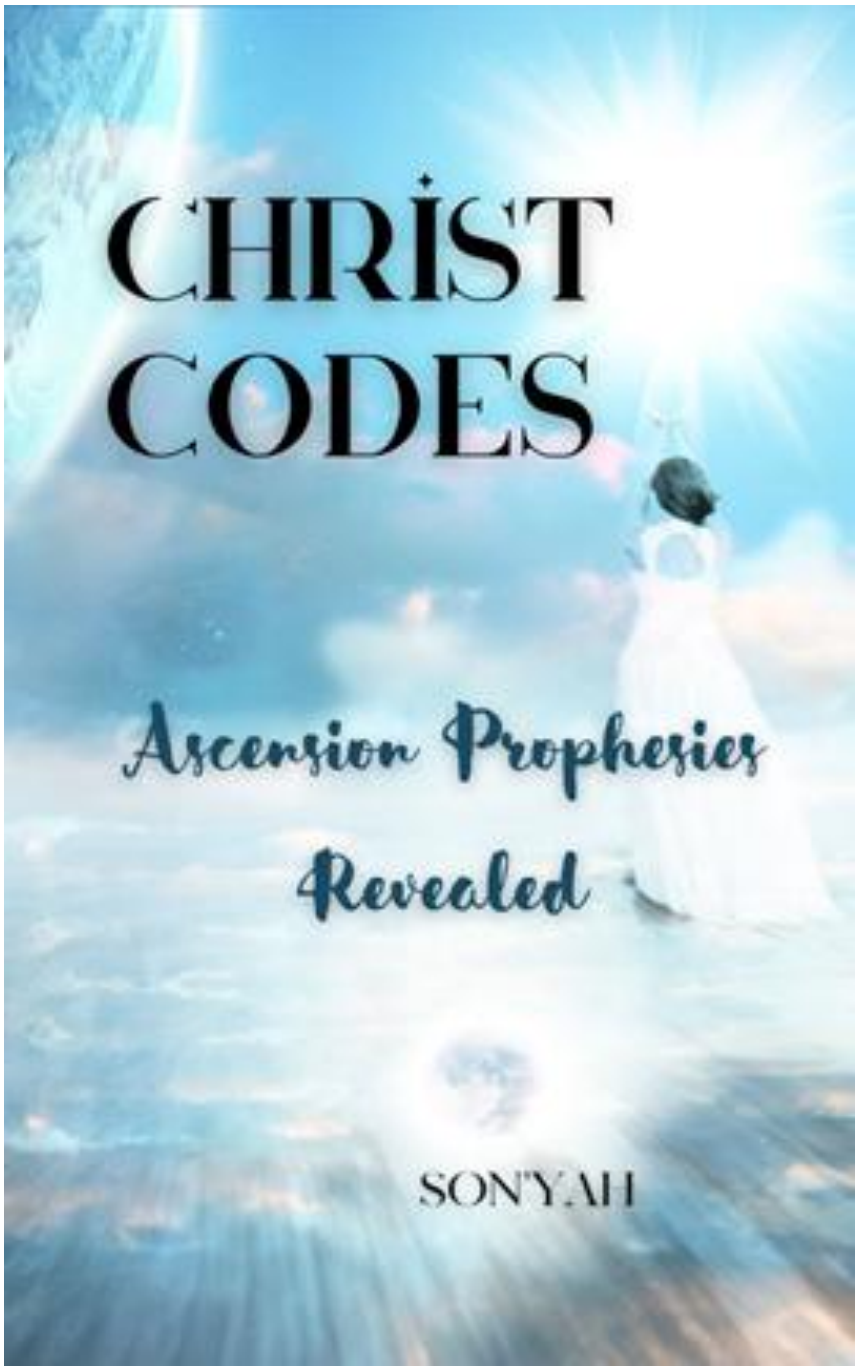

CHRIST
CODES
Ascension Prophesies
Revealed
SONYAH

FOREWORD

I first met Son'Yah over 16 years ago while participating in a meditation group in West Los Angeles. Little did I know in that first meeting that this 'stranger' was my twin flame and that within a year, we would be living together just outside of Mt. Shasta in northernmost California.

The clarity of our relationship and many lifetimes together was revealed to us during a Lion's Gate Ceremony on Mt. Shasta. The doors opened for us to see beyond our BEingness and to understand the greater mythological story of our soul's mission, together and individually.

My overt involvement with spirit and consciousness began when I was age five. In a dream vision, I was with Jesus, whom I knew. He picked me up, and we went flying all over the world. We stopped several times above various groups who were praying to him.

I remember his bittersweet smile and the words, *"they don't understand me."*

This reunion sparked a deep *call to action* and a gentle reminder of my soul's calling. The experience catalyzed my life's ambition to *understand* the Christ, facilitate awareness of the human condition, and to grow beyond our mass consciousness' perceived limitations. As a result, I teach Quantum Awareness, utilizing theatre as a foundation, to people of all ages to help them awaken to their unique mythology and limitless potential.

As a member of the Triad, described in the pages that follow, and Son'Yah's husband for the last 15 + years, I've had the unique opportunity to see the evolution of this paradigm-shifting work, as well as the privilege of working with the *Christ Codes* and Practices during their birthing and on-going maturation. In truth, there is no end to how much you can expand utilizing this Codex.

My relationship with the *Christ Codes* has been astonishing and empowering, beginning as a devoted and curious student whose previous path was through my inner hearing and relationships with the Masters. Although new to me, the *Christ Codes* encompassed these relationships through their specific and experiential combination of sacred geometry, symbols, visualization, language, and numbers.

The *Christ Codes* are now my constant and dear friends. The more we work together, the stronger the reality of what they are and where they are leading me

to become. Our relationship continues to evolve and redefine itself as my sensitivity and practice continually open doors to new insights and healing.

Son'Yah is a visionary, spiritual scientist, and healer. It is revelatory to see an Emissary of the Cosmos Christ at work. I have seen this gift to humanity come to life with her extraordinary tenacity, devotion, courage, and love.

Over the years, she has worked tirelessly to bring forth this work. She has truly earned the trust of Sophia to be gifted with this unique treasure trove of knowledge and experiences, to be shared and experienced by all who resonate with it. Her work is a striking testimony to what's available when one learns how to listen, align, and allow Sophia's wisdom to *come through.*

You are about to embark on a journey that will take you to new vistas. Beautiful, wondrous, joyful quantum journeys that are ever-changing, ever-present. It is a picture book where the images cultivate refined and expanded experiences per your commitment and consistency. There is a palpable *'exacting creativity'* at play.

Christ Codes is not a book merely to be read. The Codes are to be experienced and finally lived with, each section in its timing, with patience, commitment, and dedication. The rewards are immeasurable.

As you lend your energy and commitment to living a fully intentional life full of joy and service, this book will greatly expand your awareness and con-

nection with your Divinity. I suggest you allow yourself the freedom of exploration without judgment or comparison, with an open heart in childlike wonder and fascination.

Christ Codes: Ascension Prophesies Revealed invites you to figuratively and literally expand your horizons to embrace and remember who and what you truly are, and in so doing, assist in the great journey of Ascension for yourself, humanity, Mother Gaia, and the Cosmos.

This work is a *call to action* to actively participate in this great Ascension movement, perhaps more than you previously considered or thought possible.

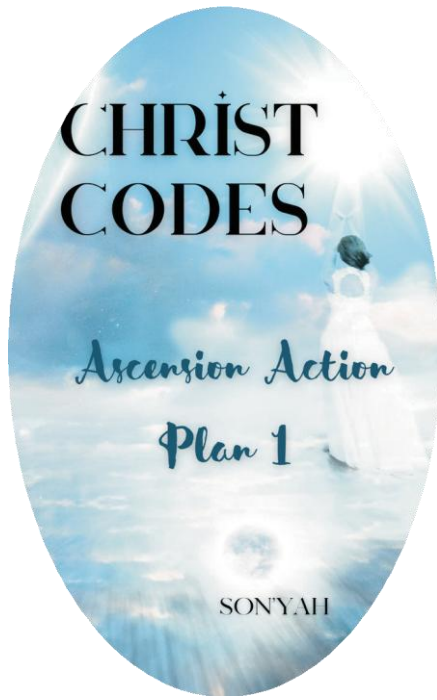
If the contents of this book are lived with and practiced, your expansion and sense of purpose will change how you function and empower you with certainty and strength of who and what you are, with a joyous knowing of what's to come.

Enjoy this journey.
Stay with it.
Be patient.

Bennett Gale
Weed, California
February 18, 2024

ASCENSION ACTION PLAN 1

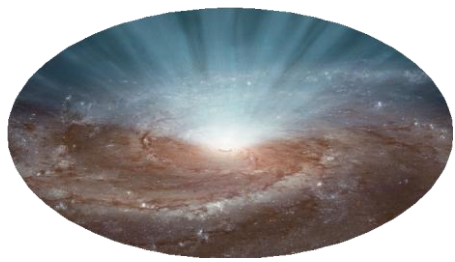
LEVEL ONE



PART I

IN THE BEGINNING

KEYCODES 000 & 999



In the Beginning was the Word, and the Word was with God, and the Word was God.

— JOHN 1:1 KJV

1

DIVINE MOTHER'S PROPHESY

PROPHESY 1

Prophesy reveals, by divine inspiration, the will or message of God.[1]

. . .Hear now my words:
If there be a prophet among you, I the Lord will make myself known unto him in a vision, and will speak unto him in a dream.

— NUMBERS 12:6 KJV

The Soul's Journey

In my first Raja Yoga meditation in December of 1998, I expressed my sincere love for Divine Mother and asked to make Sacred Union. Over the next three

days, I received the following prophetic visions of knowing within the Light:[2]

Day 1: The Eternal Womb of Life

To my amazement, I was given the vision of a gigantic body of stars within which laid the Great Cosmic Womb of Divine Mother Sophia. It was a vast Cosmos Egg of Life surrounded by a web of energy in which all forms were connected. Any and all movement of energy within the web vibrated throughout the giant web of life.

The black hole in the center was the Eternal Womb of Life. It was an endless cycle of birth, death, and resurrection, asking only that we return enlightened from our journey; Sophia's starry arms always ready to embrace us back into the Light.

I saw that each Being travels back to the center of the Great Cosmic Womb on its journey through eternal life, gathering enlightenment along the way.

The energy within the web formed a light sphere around the Being which is the knowledge the Being had accumulated on its journey home. Whatever light fibers were attached to it when its life ran out, were carried with it to the new

life. However, the Being must reawaken its accumulated light within the new life.

When the Being finally returned to the Great Cosmic Womb, it had completed its journey home. It was now fully encased in the light fibers of its knowledge and was ready to be seeded within the Great Cosmos Egg as new life. A new cycle of Creation was ready to begin.

Day 2: The Soul's Silver Cord

All the life forms within the web of life were connected through the soul's silver cord (much like an umbilical cord) that kept them connected to Sophia's eternal womb of life. The energy that flowed through the soul's cord was the spirit connection to the heart of Sophia.

All life forms were connected to the heart-womb of Sophia in this way. All the soul cords created a huge web around Her heart-womb. These cords, extending from Sophia's center, made up the energy of the web in the Great Cosmos Egg of Life.

When we die, the soul's cord is released from our physical body and all the light we have accumulated in life wraps around and coils into the Soul's Diamond Medallion.

When we are born again, the soul's cord unwraps from the Soul's Diamond Medallion until we reach our place within the web of life to live out our next incarnation. As we awaken to the accumulated knowledge of our multidimensional selves, the web of light draws us back to Sophia Source.

Awakening to the Eternal Now

When this vision first arrived, it cracked open the edges of my awareness. I was still perceiving time as a straight line—past, present, future—like beads on a string. Even though I had glimpsed other lifetimes, remembered fragments of other selves, and felt the pull of distant realities, I could only interpret this vast revelation through the narrow lens of my third-dimensional consciousness.

I *knew* that beyond the veil of this dimension, time dissolves. I had heard the teachings: that in the higher realms, all moments exist simultaneously. But I wasn't yet prepared to *feel* the truth of it—to embody the mystery held within the totality of this vision.

Then, everything shifted.

I began to *see*—not just with my eyes, but with my soul—that all my lifestreams were happening at once. Memories, emotions, and echoes from these parallel selves began to flow into my awareness like rivers converging into a single ocean. They arrived

through dreams, déjà vu, mirror scrying, and sudden sparks ignited by books, films, or historical moments that felt strangely familiar.

And with each wave of remembrance, I realized: the choices I make in this life are deeply influenced by experiences in these other timelines—what I once called past or future lives. They are not separate. They are threads in the same tapestry, woven by my soul across dimensions.

You see, our third-dimensional consciousness is designed to experience spirit in physical form. It wraps us in a space-time cocoon so we can learn, grow, and remember—one step at a time. We perceive life as linear until we're ready to expand into quantum awareness, where time collapses and all experiences converge into a unified field of soul wisdom.

This is the journey of becoming multidimensional. It's not just about remembering who you were—it's about reclaiming who you *are* across all timelines, and integrating those truths with grace, clarity, and power.

Day 3: The Multiverse

In mathematics, the study of fractals reveals that Creation is in a constant state of infinite contraction and expansion within a contained energetic field. This principle resonates deeply with the parting vision I received from Mother Sophia.

When we fully awaken to the light and knowledge we have earned, we get to keep our light and are sent out in time to seed light for other Beings. These were the circles within the web that connected all the cords together. This is what makes up the giant web within the Great Cosmos Egg of Life.

AS THE VISION CONCLUDED, *I was shown the web of life as a spider with eight legs on a spider's web. Each leg of the spider contained four universes and four parallel universes. Thus, there were eight universes on each arm of the spider, totaling sixty-four (64) on the Great Cosmos Web of Life.*

The Multiverse: A Symphony of Creation

Each universe is a living story—an expression of divine imagination—with its own rules, rhythms, and sacred games. And yet, every universe is intricately woven into the greater tapestry of the multiverse, a boundless expanse of creativity within Creation itself.

The energetic web that holds the multiverse together is beyond human comprehension—vast, luminous, and alive. Still, its sacred blueprint is etched

into the very fabric of existence, visible to those who dare to look with awakened eyes.

This is the soul's journey: to be birthed from the heart-womb of Divine Mother Sophia and set forth into the cosmos, carrying the spark of divine remembrance. From that moment, we begin the great unfolding—awakening layer by layer, lifetime by lifetime, into ever-expanding levels of consciousness.

We are not static beings—we are ever-evolving, ever-ascending, dancing to the rhythms of the multiverse. Each breath, each choice, each awakening draws us closer to the divine pulse of Creation, where all things are connected, and every soul is a radiant thread in the infinite weave of light.

THE SOUL'S IMMACULATE CONCEPTION

Your soul is conceived through an immaculate birthing into the universal cosmic ocean of life, emerging from the heart-womb of Divine Mother Sophia. Each soul is a unique archetypal blueprint—an original thought-form—expressing a distinct facet of Sophia's Divine Intelligence.

When a soul group is born, the Seraphim Dragon Mothers gather them into sacred gestational realms, where they evolve through stages of development under the loving guidance of their Dragon Mother.

Once ready to individuate, these soul groups incarnate into multidimensional lifeforms, entering a holographic planetary matrix designed for the exploration and embodiment of their Divine Nature.

Physical ascension occurs when the soul is delivered beyond the holographic womb of the planetary matrix it was born into. Though conceived through

your human mother, your essence continues to reside within the heart-womb of the Seraphim Christ Dragon who birthed you.

The Seraphim Christ Dragons

Among the first emanations of Sophia are the Seraphim Dragon Mothers—celestial beings of the highest angelic order. All Seraphim Dragon Angels are birthed from the unified heart-womb of the yin and yang Dragons of Truth and Sovereignty.

This sacred organ, shared by The Sophia with the Seraphim Christ Dragons,[1] births divine life through a singular, unified expression of the Four Decrees of Love, Light, Life, and Law as Divine Will.

The Seraphim Christ Angels, known as the Dragon Lords of Archetypal Creation, devote their hearts, minds, and free will to serve the sacred Will of The Sophia.

EMISSARIES OF LIGHT & THE GALACTIC CALL

PROPHESY 2

Emissaries of Light

Long ago, in realms of star-born grace,
A call rang out through time and
space—
From Sophia's heart, a sacred plea,
To twelve bright worlds in galaxies free.
The Council of Light, in wisdom
profound,
Summoned souls where love is crowned.
Emissaries rose with hearts aglow,
To seed the Earth with Light below.
Two galaxies, in cosmic dance,
Merged their song to shift the chance—
That Earth, our Mother, might ascend,
And birth a Golden Age to send.
From the Great Central Sun they came,

With Light Codes etched in soul and
name.
Their task: awaken, remember, shine—
To guide the tribes through sacred time.
Language of Light, a soul's refrain,
Sings through silence, heals through
pain.
Each starseed here, a beacon bright,
Anchors truth and births new light.
So rise, dear soul, and know your
flame—
You walk the Earth, but not the same.
You are the dream, the song, the key—
Awakening love for all to see.

The Galactic Call

Many millennia ago, a profound vibration echoed across the stars—a clarion call issued by the Galactic Council of Light, originating from the heart of The Sophia, the Divine Source of All That Is. This call was not merely a sound, but a soul-level summons, a sacred invitation to participate in a cosmic experiment that would shape the destiny of worlds.

Twelve star systems, spanning the Andromeda and Milky Way galaxies, responded to this call. These systems, ancient and wise, were chosen for their resonance with the frequencies of love, unity, and divine purpose. The beings who answered—known as Emissaries of Light—volunteered to incarnate across dimensions, including Earth, to anchor a new reality: the dawn of a Golden Age.

The Galactic Merger and Earth's Ascension

This divine undertaking required more than individual awakening—it called for a *galactic convergence.* The merging of the Andromeda and Milky Way galaxies was not only a celestial event but a symbolic and energetic union of cosmic wisdom and divine love. This merger would catalyze the ascension of Mother Earth, transforming her into a 5th-dimensional star.

Earth's ascension is a birthing process—one that elevates not only the planet but also the consciousness

of all her inhabitants. As Earth rises, so too do the tribes of humanity, awakening from the slumber of separation into the remembrance of unity, peace, and multidimensional awareness.

The Role of the Emissaries

The Emissaries of Light are souls seeded from the Great Central Sun, the metaphysical source of divine light and Infinite Intelligence sourced from the Mind of Sophia God. These beings carry within them Light Codes—energetic imprints encoded in their DNA and soul essence. These codes are designed to activate spiritual remembrance, both within themselves and in others.

Their mission is sacred: to awaken their Eternal Selves, to remember who they truly are beyond time and form, and to assist others in doing the same. Through their presence, their energy, and their soul's vibration, they help guide humanity through the transition into higher consciousness.

The Language of Light

Central to this awakening is the *Language of Light*—a vibrational language that transcends spoken words. It is expressed through sound, symbols, movement, and energy. This language is the soul's native tongue, capable of activating dormant memories, healing energetic imbalances, and transmitting divine frequencies.

The Emissaries carry this language within them. It may emerge through intuitive speech, sacred geometry, light-infused art, or healing modalities. When shared, it resonates with other Light Beings, triggering a deep remembrance of their soul mission on Earth.